



THE SPA

At Roe Park

RELAX • UNWIND • INDULGE

THE PHILOSOPHY OF THE SPA AT ROE PARK RESORT

RELAX

Nestled amid the scenic and tranquil landscapes of Limavady, edging Roe Valley Country Park and the nearby meandering River Roe, welcome to the wellness of the exquisite Spa at Roe Park Resort.

Your experience of natural serenity begins when you arrive at Roe Park Resort, where a world of sensory heaven, holistic relaxation and mindfulness awaits.

As an official training academy for ELEMIS, our highly skilled therapists at The Spa at Roe Park Resort are expert and passionate in their therapies. They are waiting to welcome you into a world of relaxation and escape, to nourish your very soul and wellbeing, at our adult only Spa where all our spa therapies are suitable for both male and female adult clientele.

UNWIND

Our range of luxurious, soothing, and restful treatments begin with a welcome touch, a relaxing warm compress to your feet, and a ritual to cleanse away the outside environs, allowing you to center your thoughts, and energies, on you.

Your choice of ELEMIS treatments to soothe and relax your body and mind, create stillness and an otherworldly sense of calm and serenity. All treatments use a rich blend of ELEMIS techniques and exotic cultures and are tailored individually for you.



INDULGE

At the end of your treatment at The Spa at Roe Park, our therapists will rejuvenate your mind and body back together as one, where, afterwards, our relaxation suite awaits you to inhale and absorb the luxury of your Spa experience. Whilst here, enjoy complimentary use of the pool, jacuzzi, sauna and steam facilities, to add to your wellbeing experience.

Relax as you rediscover your senses, free yourself from the outside world, and enjoy a luxury dedicated to you as you step into a natural serenity at The Spa at Roe Park Resort, where you lose all sense of time as your tranquil journey awaits.



DAY SPA PACKAGES

THE ROE RETREAT - £199.00 PER PERSON

4 hours of Regeneration and Revitalising

- Intensely Cleansing Salt Scrub • Traditional Swedish Full Body Massage
- Elemis Anti-Ageing Facial • Express Manicure • Deluxe Pedicure

MOTHER-TO-BE RITUAL - £129.00 PER PERSON

2 ½ hours of Pampering and Relaxation

- Peaceful Pregnancy Massage • Express Manicure • Deluxe Spa Pedicure

BIOTEC INDULGENCE - £120.00 PER PERSON

2 hours of Energising and Wellness

- Mineral Body Boost Massage • Elemis Anti-Ageing Biotec Facial

THE DETOX EXPERIENCE - £110.00 PER PERSON

2 hours of Healing and Restoration

- Thousand Flower Detox Wrap • Traditional Swedish Full Body Massage

TOTAL TIME OUT FOR MEN - £110.00 PER PERSON

2 hours of Refreshment and Vitality

- Freestyle Deep Tissue Full Body Massage • Elemis Skin Solutions Facial

TOP TO TOE - £110.00 PER PERSON

2 hours of Pure Bliss

- Traditional Swedish Full Body Massage • Elemis Skin Solutions Facial

STRESS SOOTHER - £110.00 PER PERSON

2 hours of Stress Relief

- Traditional Swedish Full Body Massage • Reflexology

TIME FOR TWO - £99.00 PER PERSON *(BASED ON TWO PERSONS SHARING)*

2 hours of Rejuvenation and Relaxation

- Exotic Rasul for Two • Couples Massage for Two

THE ROE RITUAL - £99.00 PER PERSON

1 ½ hours of Spa Rituals

- Traditional Swedish Back Massage • Foot & Ankle Massage
- Elemis Taster Facial

FOR THE GIRLS - £99.00 PER PERSON

1 ½ hours of Fun and Pampering

- Elemis Taster Facial • Body Nectar Nourishing Wrap • Express Pedicure

THE ROE SENSATION - £75.00 PER PERSON

1 hour of Sensational Therapies

- Hot Stone Back Massage • Elemis Taster Facial

THE ROE TASTER - £75.00 PER PERSON

1 hour of the Best of Both

- Traditional Swedish Back Massage • Elemis Taster Facial

All Day Spa Packages have complimentary use of the Pool and Thermal Areas on the day.



**WHY NOT HAVE
AFTERNOON TEA WITH ANY
OF THE ABOVE PACKAGES**

**FOR AN ADDITIONAL
£15 PER PERSON**

* Terms & Conditions. Subject to availability, restricted dates and times may apply.

ELEMIS FACIALS

SKIN SOLUTIONS

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

SUPERFOOD PRO-RADIANCE - £60.00 - 60 MINS

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper, radiant and illuminated with good health.

SENSITIVE SKIN SOOTHER - £60.00 - 60 MINS

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

ANTI-BLEMISH MATTIFY AND CALM - £60.00 - 60 MINS

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment to reveal clear, bright skin.

TASTER FACIAL - £45.00 - 30 MINS

This introduction facial provides a quick and instant pick me-up for any occasion. Maximum results in minimum time. These targeted treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for healthier complexions.

ELEMIS FACIALS

ANTI-AGEING

PRO-COLLAGEN AGE DEFY - £70.00 - 60 MINS

Tackle fine lines and wrinkles with the clinically proven age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

PRO-DEFINITION LIFT AND CONTOUR - £70.00 - 60 MINS

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

DYNAMIC RESURFACING PRECISION PEEL - £70.00 - 60 MINS

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.



ELEMIS
SPA THERAPY

ELEMIS FACIALS

BIOTEC SUPERCHARGED FACIALS

The unique fusion of Actives, Touch and Technology.

The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. 'Technology turbo-charges touch'. The clinically proven result. Visibly healthy, nourished and energised skin.

BIOTEC LINE ERASER - £70.00 - 60 MINS

Target wrinkles and energise the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating clinically proven facial treatment that effectively irons out wrinkles and fills out lines.

BIOTEC FIRM-A-LIFT - £70.00 - 60 MINS

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.

BIOTEC SKIN RESURFACER - £70.00 - 60 MINS

This revolutionary clinically proven facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother.

BIOTEC RADIANCE RENEW - £60.00 - 60 MINS

This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.

BIOTEC BLEMISH CONTROL - £60.00 - 60 MINS

A deep cleansing facial that detoxifies and repairs damaged tissue. Ultrasonic vibration, massage and galvanic currents thoroughly decongest and exfoliate. Powerful anti-oxidants soothe, while light therapy helps clear the complexion.

BIOTEC SENSITIVE SKIN SOOTHER - £60.00 - 60 MINS

This anti-redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy and calming antioxidants improve the skin's ability to repair itself. The result is calm and soothed skin.

BOOK 4 BIOTEC FACIALS FOR ONLY £199

Terms & Conditions Apply. All four facials must be received over 4 months by the same client. Excludes other promotions and special offers.



ELEMIS BODY TREATMENTS

HOT STONE FULL BODY MASSAGE - £75.00 - 60 MINS

HOT STONE BACK MASSAGE - £50.00 - 30 MINS

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

POULTICE-POWERED MUSCLE RELEASE MASSAGE - £75.00 - 60 MINS

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Each area of tension is specifically targeted with the unique Amber and Quartz poultice to dissolve knots and ease tensions. Completed with a restorative facial massage, tension is dissolved.

FREESTYLE DEEP TISSUE FULL BODY MASSAGE - £75.00 - 60 MINS

FREESTYLE DEEP TISSUE BACK MASSAGE - £50.00 - 30 MINS

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

MINERAL BODY BOOST MASSAGE - £75.00 - 60 MINS

A powerful treatment to stimulate every cell in the body, helping alleviate muscular pain and remove toxins. This is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness.

GARDEN OF ENGLAND ROSE RESTORE MASSAGE - £75.00 - 60 MINS

Take a walk in an English rose garden with this lavishly hydrating massage and micro wrap. The unique trio of Rose, Camelina and Poppy seed oils leaves skin exquisitely moisturised, intensely supple and delicately scented.

PEACEFUL PREGNANCY MASSAGE - £75.00 - 60 MINS

Combines tried and tested safe pregnancy massage techniques adapted to each stage of pregnancy. Specialised positioning and unique Elemis methods are used to ensure the ultimate in comfort and relaxation, relieving tension in the back and alleviating swelling in the hands and feet.

MASSAGE THERAPIES

TRADITIONAL SWEDISH FULL BODY MASSAGE - £70.00 - 60 MINS

TRADITIONAL SWEDISH BACK MASSAGE - £47.50 - 30 MINS

Help yourself with some healing hands to revive your body by manipulation of the muscles for lymphatic drainage, muscle tension and sheer relaxation. Repeated treatments dramatically increases vitality and flexibility through increased blood flow.

COUPLES MASSAGE FOR TWO - £145.00 - 60 MINS

Enjoy a full body massage in the same room at the same time. Each client will have their own therapist for the duration of the treatment. Side by side in sweet harmony.

HEAD, NECK & SHOULDERS MASSAGE - £47.50 - 30 MINS

Maximum tension-relieving results for those with minimal time. Specifically targeting the head, neck and shoulders areas, this powerful massage is focused where you need it most.

FOOT & ANKLE MASSAGE - £47.50 - 30 MINS

Sit back and put your feet up and relax as we ease away the tension in those tired toes and banish the stress on those aching feet with a series of massage techniques, leaving you floating on air.

REFLEXOLOGY - £70.00 - 60 MINS

Therapeutic pressure point massage working on reflex zones of the feet which correspond to different parts of the body. Stimulating these reflexes can help many health problems in a natural way. Restores natural balance and harmony. Heavenly!

INDIAN HEAD MASSAGE - £55.00 - 40 MINS

Indian Head Massage is the ancient form of head, neck and shoulders massage to relieve tension and stress. It is used to stimulate or sedate the nervous system and is excellent for relieving migraines.

ELEMIS BODY EXOTICS

INTENSELY CLEANSING SALT SCRUB - £55.00 - 50 MINS

Lime and Ginger or Frangipani Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

THOUSAND FLOWER DETOX WRAP - £60.00 - 60 MINS

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

EXOTIC RASUL

EXOTIC RASUL FOR TWO - £60.00 - 45 MINS

EXOTIC RASUL FOR ONE - £45.00 - 45 MINS

This is a traditional Arabian cleansing ritual that uses mud, heat and steam and is arguably one of the most appealing spa treatments you can experience. The thermal mud is self-applied to specific areas of your body. The oils locked inside the mud are mentholated, which is the perfect partner to the steam meaning you unwind in the warmth and your respiratory system benefits from the steam infused with pure herbs while the muds intensely detoxify your skin. Enjoying a gentle shower afterwards relieves the tensions and washes away the muds. The skin is fully nourished leaving you feeling revitalised.



HANDS & FEET



JESSICA

DELUXE SPA MANICURE	60 MINS - £45.00
DELUXE SPA PEDICURE	60 MINS - £50.00
MEN'S SPA MANICURE	30 MINS - £27.50
MEN'S SPA PEDICURE	40 MINS - £40.00
EXPRESS MANICURE	30 MINS - £30.00
EXPRESS PEDICURE	30 MINS - £38.00
FILE & POLISH	20 MINS - £20.00
*ADD ON A FRENCH POLISH	10 MINS - £5.00

LYCON WAXING



FULL LEG	£25.00
HALF LEG	£15.00
BASIC BIKINI LINE	£15.00
CALIFORNIAN (HIGH LINE)	£25.00
BRAZILIAN (FINE STRIP)	£30.00
HOLLYWOOD (ALL GONE)	£35.00
FULL ARM WAX	£20.00
UNDERARM	£10.00
EYEBROW	£8.00
LIP	£8.00
CHIN	£8.00
MEN'S CHEST OR BACK	£25.00

EYECARE

EYELASH TINT	£9.00
EYEBROW TINT	£7.00
EYELASH TINT, EYEBROW TINT AND SHAPE	£20.00

*Please be advised all tinting treatment require a patch test 24 hours in advanced

HOTEL & SPA PACKAGES

THE ROE PARK GETAWAY - From £132.00 pps

Enjoy an overnight stay with a locally sourced Irish Buffet Breakfast plus Two hours of pure bliss with a **Traditional Swedish Full Body Massage** followed by an **Elemis Skin Solutions Facial**. Also includes use of Pool and Thermal Areas.

THE DETOX & PURIFY - From £132.00 pps

Enjoy an overnight stay with a locally sourced Irish Buffet Breakfast. Detoxify and cleanse the body with special blends of green tea in the **Thousand Flower Detox wrap** whilst you are cocooned in a comforting wrap and enjoy a facial and scalp massage. Follow this with a rejuvenating and detoxifying **Traditional Swedish Full Body Massage**. Also includes use of Pool and Thermal Areas.

THE SPA TRILOGY - From £125.00 pps

Enjoy an overnight stay with a locally sourced Irish Buffet Breakfast. Relax by our heavenly technique to destress your back with a **Traditional Back Massage**, followed by an **Elemis Taster Facial** tailored to your needs and finish with the renewal of a **Foot and Ankle Massage**. Also includes use of Pool and Thermal Areas.

THE COUPLES ESCAPE - From £125.00 pps

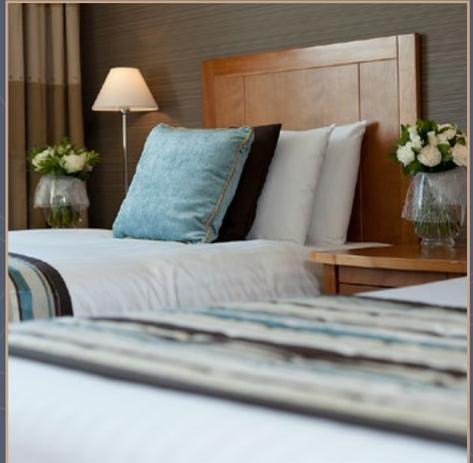
Enjoy an overnight stay with a locally sourced Irish Buffet Breakfast plus the ultimate treat for two. Indulge in a luxurious **Exotic Rasul for Two** whilst you apply different coloured chakra muds to the skin and let it all infuse, then melt away any remaining tension with the **Couples Massage** together in harmony. Also includes use of Pool and Thermal Areas.

THE ROE PARK EXPERIENCE - From £110.00 pps

Enjoy an overnight stay with a locally sourced Irish Buffet Breakfast plus a **Traditional Swedish Back Massage** followed by an **Elemis Taster Facial**. One hour of the Best of Both. Also includes use of Pool and Thermal Areas.

TERMS AND CONDITIONS

All packages are subject to availability. May exclude Bank Holidays and special events. Cannot be used in conjunction with any other promotion / package. Upgraded rooms available.



OUR LOYALTY IS TO YOU

We believe in loyalty. Our loyalty scheme rewards you each and every time you avail of a treatment or purchase a product. Obtain loyalty points and redeem for complimentary services.



HOW IT WORKS

Simply collect points every time you visit. For every pound you spend in the spa on treatments you will receive 2 loyalty points and for every pound spent on products you will receive 1 loyalty point. More points means more treats!

If you regularly use the spa you will be treating yourself in no time. For example, to redeem points against a treatment worth £60 you must have 600 loyalty points. Based on this if you purchase five treatments you will receive the sixth one free. Loyalty points can only be redeemed against services.

*Terms and conditions apply. All services must be paid in full with loyalty points. Part payment is not accepted. Redemption is not available on promotions and special offers.



ROE PARK GIFT CARD

GIVE THE GIFT OF CHOICE

With a Roe Park Gift Card, your loved ones can choose their unique experience, such as Accommodation, Award Winning Spa, Golf, Dining or Afternoon Tea.



BUY ONLINE OR AT RECEPTION

WWW.ROEPARKRESORT.COM · +44 (0)28 7772 2222

MAKE THE MOST OF YOUR SPA EXPERIENCE

OUR TERMS

BOOKINGS - We kindly ask for a 50% deposit for all services at the time of booking.

CANCELLATIONS - We understand that sometimes you need to cancel. If you need to cancel your treatments, please provide 48 hours notice. If you cancel less than 48 hours your 50% deposit payment will be non-refundable.

LATE ARRIVAL - Please understand that late arrival for appointments will result in forfeit of the time for your treatment and will be charged at the full price.

PRICES AND TREATMENTS - Prices and details of treatments are correct at the time of going to print. Management reserves the right to alter or amend any of the details or prices at any time without prior notice.

GRATUITY - If you wish to leave your therapist a gratuity this is entirely at your own discretion.

ENJOY

ARRIVAL - To fully enjoy your Spa experience, we highly recommend that you arrive 20 minutes prior to your first treatment. This time will allow for a detailed consultation with our therapists, so we can tailor treatments to suit your individual needs, ensuring you enjoy our full wellness experience.

MEN'S FACE TREATMENTS - All brochure listed treatments are adaptable and suitable for men. For facial treatments, we recommend that men shave no longer than two hours prior to any treatment.

TREATMENT ADJUSTMENTS - At the Spa, it is all about you, we want to ensure you fully enjoy your treatment. If you would like the room temperature adjusted or a change in the amount of pressure during your massage please advise your therapist.

WHAT TO BRING - At the Spa, just bring yourself - we are happy to provide robes, towels, slippers and disposable underwear. Gentlemen are required to wear swimwear / underwear during treatments.

ABOUT YOU

MEDICAL CONDITIONS - Prior to some treatments which are contra-indicated for certain conditions, our therapists will undertake an assessment, to ensure we are looking after your wellness. If you are pregnant, suffer high or low blood pressure, heart problems, skin disorders and diabetes, do please let us know. If you have any concerns please inform us at the time of booking, or if you have any special requirements please let us know in advance.

MOBILE PHONES - So that you can fully enjoy your tranquil Spa experience, and as a courtesy to other clients, we request that mobile phones are switched off during your Spa visit.

ADULT ONLY ZONE - Due to the active nature of our products, and our focus on wellness, only persons over the age of 16 years old can avail of treatments as The Spa at Roe Park is an adult only zone.

VALUABLES - We recommend that you leave valuables in a safe place on your visit to the Spa. The nature of treatments means your belongings may be left unattended and we cannot accept responsibility for losses from lockers.

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