



THE SPA

At Roe Park

A photograph of spa treatment items including a glass jar, a bottle, a brush, and a towel, all set against a dark, moody background.

SPA TREATMENT LIST



Self-care is now more important than ever. Our treatment menu has been designed with you in mind, offering care and wellness as we invite you to relax, re-balance and renew with our tailored treatments

HANDS & FEET TREATMENTS

DELUXE SPA MANICURE	£40.00 - 60 MINS
DELUXE SPA PEDICURE	£55.00 - 60 MINS

with free midi polish subject to availability.



DAY SPA PACKAGES

ROE SERENITY £250.00

4 hours of regeneration and revitalising.

- *Intensely cleansing salt scrub* • *Traditional Swedish full body massage*
- *Elemis anti-aging facial* • *Express manicure* • *Deluxe pedicure*

MOTHER-TO-BE- RITUAL£130.00

2 hours of pampering and relaxation

- *Peaceful pregnancy massage* • *Deluxe spa pedicure*

THE DETOX EXPERIENCE £140.00

2 hours of healing and restoration

- *Thousand flower detox wrap* • *Traditional Swedish full body massage*

TOTAL TIME OUT FOR MEN£150.00

2 hours of refreshment and vitality

- *Traditional Swedish full body massage* • *Elemis Touch facial*

TOP TO TOE£150.00

2 hours of pure bliss

- *Traditional Swedish full body massage* • *Elemis Touch facial*

ROE TRANQUILITY £80.00

1 hour of spa rituals

- *Foot & ankle massage* • *Head neck and shoulder massage*

THE ROE TASTER £80.00

1 Hour of the Best of Both. Traditional Swedish Back massage. Elemis Taster Facial.

All day spa packages have complimentary use of the pool and thermal areas on the day



ELEMIS BODY TREATMENTS

INTENSELY CLEANSING SALT SCURB.....60 MINS - £70.00

Lime and ginger or frangipani fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves the body smooth with a responsive canvas, ready to absorb the deeply nourishing body oil. We combine this with a facial pressure point massage and a blissful scalp massage.

THOUSAND FLOWER DETOX WRAP60 MINS - £70.00

This nutrient rich detox wrap uses the deeply nourishing green tea balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

BACK RE-VITALISE RITUAL..... 60 MINS - £80.00

This back ritual includes a cleanse, tone, and exfoliation removed with hot mitts followed by a luxurious warm mud mask. As the mask absorbs any remaining impurities, unwind with a back of leg massage to alleviate tired muscles and improve texture and tone. Your mask is removed with hot mitts. Moisturising cream is applied for ultimate hydration. Complete your ritual experience with a relaxing neck and shoulder massage to finish. Ready for any occasion.

EXOTIC RASUL

EXOTIC RASUL FOR TWO 45 MINS - £80.00

EXOTIC RASUL FOR ONE45MINS - £50.00

This is a traditional Arabian cleansing ritual that uses mud, heat and steam and is arguably one of the most appealing spa treatments you can experience. The thermal mud is self-applied to specific areas of the body. The oils locked inside the mud are mentholated, which is the perfect partner to the steam meaning you unwind in the warmth and your respiratory system benefits from the steam infused with pure herbs while the muds intensely detoxify your skin. Enjoying a gentle shower afterwards relieves the tensions and washes away the muds. The skin is fully nourished leaving you feeling revitalised.



ELEMIS TOUCH FACIALS

PRO-COLLAGEN AGE DEFY..... 60MINS - £80.00

Tackle fine lines and wrinkles with the clinically proven age-defying benefits of marine charged padina pavonica and red coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

PRO-COLLAGEN AGE DEFY WITH LED LIGHT ENERGY MASK 60 MINS - £90.00

Tackle fine lines and wrinkles with the clinically proven age-defying benefits of marine charged padina pavonica and red coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin. Further enhance the results of this facial with the LED Light Energy Mask to further boost cell activity at the deepest layers of the skin, while your therapist performs a relaxing arm and hand massage.

SUPERFOOD PRO-RADIANCE..... 60MINS - £80.00

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper, radiant and illuminated with good health.

DYNAMIC RESURFACING PRECISION PEEL..... 60MINS - £80.00

Clinically proven to target the signs of ageing and uneven skin tone this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger looking skin.



BIOTEC SUPERCHARGED FACIALS

The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. The clinically proven result. Visibly healthy, nourished and energised skin.

BIOTEC LINE ERASER..... £80.00 - 60 MINS

Target wrinkles and energise the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating clinically proven facial treatment that effectively irons out wrinkles and fills out lines.

BIOTEC FIRM-A-LIFT £80.00 - 60 MINS

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.

BIOTEC SKIN RESURFACER £80.00 - 60 MINS

This revolutionary clinically proven facial, addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother.

BIOTEC RADIANCE RENEW..... £80.00 - 60 MINS

This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.

BIOTEC BLEMISH CONTROL £80.00 - 60 MINS

A deep cleansing facial that detoxifies and repairs damaged tissue. Ultrasonic vibration, massage and galvanic currents thoroughly decongest and exfoliate. Powerful antioxidants soothe, while light therapy helps clear the complexion.

BIOTEC SENSITIVE SKIN SOOTHER..... £80.00 - 60 MINS

This anti-redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy and calming antioxidants improve the skin's ability to repair itself. The result is calm and soothed skin.

BOOK 4 BIOTEC FACIALS FOR ONLY £250

Terms & Conditions Apply. All four facials must be received over 4 months by the same client. Excludes other promotions and special offers.

ELEMIS MASSAGE THERAPIES

FREESTYLE DEEP TISSUE FULL BODY MASSAGE 60 MINS..... £80.00

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

PEACEFUL PREGNANCY MASSAGE 60MINS..... £80.00

Combines tried and tested safe pregnancy massage techniques adapted to each stage of the pregnancy. Specialised positioning and unique Elemis methods are used to ensure the ultimate in comfort and relaxation, relieving tension in the back and alleviating swelling in the hands and feet.

INDIAN HEAD MASSAGE 60 MINS £80.00

Indian head massage is the ancient form of upper back, head, neck and shoulder massage to relieve tension and stress. It is used to stimulate or sedate the nervous system and is excellent for relieving migraines.

MASSAGE - ELEMIS FREESTYLE £80.00

Cleansing mineral salts, oil blends rich in actives and transportive aromatics are combined with an unparalleled level of expertise in massage and conditioning. For healthy, revitalised skin and deeply eased muscles.



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ROE PARK RESORT

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